NSP President speaks on the state of Physiotherapists Unemployment

The President of the Nigeria Society of Physiotherapy (NSP), Dr. Rufai Yusuf Ahmad has disclosed that most of the 2,000 registered physiotherapists in the country are not gainfully employed.

Ahmad stated this in a press statement made available to THISDAY in Kano over the weekend, that the many teaching hospitals and federal medical centres with more than 300 beds have less than ten physiotherapists that are expected to manage both inpatients and outpatients.

“Overall Nigeria is not anywhere near having sufficient number of physiotherapists mainly provide services and care in tertiary health care facilities and there are very few long time care facilities, specialised rehabilitation centres or nursing homes in the country”.

The statement added that this gives a physiotherapist population ratio of 1 to 85,000 compared to a ratio of 1:9,000 for South Africa and 1:1600 for United States. “Physiotherapists are also in small numbers in clinics and hospitals for the armed forces and para military services and hospitals” he added.

According to the statement, there are no early intervention programmes when compared with population of the country of estimated 170 million, while appealing for urgent intervention over the issue. “Healthcare service is still regarded as public good and only a proactive government intervention can address this problem of access to physiotherapy services in Nigeria.

“For many Nigerians who need the services, cost of physiotherapy services can mitigate care seeking behaviour and successful outcome of care. More services points are therefore needed to serve the population through existing health units including tertiary hospitals, general hospitals, community health centres and public service clinics.”

The statement appealed to state, local government and federal governments to take measures to address the problem of access and affordability of physiotherapists to ensure quality healthcare services to the good people of the country.

Rufai stated that interventions to enrol more people into the National Health Insurance Scheme (NHIS) and review of payment schedules for physiotherapy services by NHIS are important complementary measures to address the problem of access and affordability.
NSP holds OGM & Induction of new members in Enugu

The 2017 Ordinary General Meeting of the Nigeria Society of Physiotherapy and Induction of New members was held on May 5th, 2017 in the cold city, Enugu State.

The meeting had a very high turn out of members with very notable names present like, Dr A A Igwe, Elder Faniran, Dr E C Nwaigwe, IPP Dr Taiwo Oyewumi, Dr Tosin Banjo, Dr Appollos Akoumaka, Dr Raymond Olasehinde, Dr Chinedu Mba, Dr Ogbruator Goodsaida amongst others. Read full communique here

Prof. Balogun receives award of Academy of Science

Professor Joseph Abiodun Balogun, FAS, FNSP received the award of Academy of Science in Abuja on May 11th, 2017

The NSP congratulates him on this feat.

Prof Balogun launched his new book titled "Echoes" during his 2nd Distinguished Guest Lecture at University of Medical Sciences, Ondo, Ondo state on May 15th, 2017.

Physiotherapy Programme in UNN secured NUC full accreditation status

The University of Nigeria Nsukka (UNN) has recently been granted full accreditation status for Physiotherapy Programme of the Department of Medical Rehabilitation.

Nigeria Society of Physiotherapy congratulates the leadership, staff and students of the Medical Rehabilitation Department, University of Nigeria.

NSP presents a memo at the Senate Public hearing on NHIS Bill

The Nigeria Society of Physiotherapy was strongly represented at the Senate Public hearing on a bill to repeal the National Health Insurance Scheme and to enact a the bill on National Health Insurance Commission, which held on Wednesday 17th May 2017 at Senate Conference Hall, room 022. National Assembly.

The NSP delegation was led by the National General Secretary-Dr Felix Odusanya PT and National Auditor I- Dr Shehu Aminu Muhammad. Members of FCT Chapter of NSP were also present. Read full memo

Case For Physiotherapy Clinical Residency

Recently, the Nigeria Society of Physiotherapy stunned the nation when it disclosed that there are no Clinical Residency Programmes available to professionals in the field.

They are, therefore, implored the Federal government, the National Assembly and all other relevant stakeholders to partner with the society to establish one so as to ensure that Nigerians receive efficient physiotherapy care.

Continue reading
NSP set to launch new magazine in June

The President of the Nigeria Society of Physiotherapy (NSP) Dr. Rufai Ahmad has announced that the maiden edition of Physio Health Issues, an official magazine of the NSP is currently undergoing final editing and will be launched in June 2017.

Dr. Ahmad appreciates all physiotherapists who submitted articles for inclusion in the magazine as well the editorial team and the PR team of the NSP. He said "The pricing and sales assistants are being worked out at the moment."

NSP Workshop Series

NSP held workshop series on "Managing Private Practice, Securing needed funds and Entrepreneurship" in Kano, Ibadan and Enugu on April 20th, April 27th and May 4th 2017 respectively.

Article

MENINGITIS: Symptoms, Prevention and Treatment

First off, let me say this; If you suspect that you, or any loved one has had prolonged contact with anybody who is strongly suspected to have MENINGITIS, please go and take the tablet RIFAMPICIN 600mg TWICE daily for two days.

The Tablet Rifampicin is mainly used for treating Tuberculosis, but is globally used for prophylaxis against Meningitis. Being a TB drug, it should be widely available in Nigeria. While the government seeks to generate funds for the meningococcal vaccine, this measure can be lifesaving for contacts of those infected. Now, we go to the main issue of the disease.

MAJOR SYMPTOMS: Headache, Fever, A very strong aversion for light. The person always looks away from bright light and prefers dark rooms, Difficulty in moving the Neck. Moving the neck causes severe pains, Previous contact with someone who was diagnosed with meningitis.

Anybody who has most, or all of the above symptoms, and currently lives, or recently lived in the areas currently affected by meningitis, should be isolated until treatment is complete.

PREVENTION: It should be noted, that the most effective form of prevention is VACCINATION with the MENINGOCOCCAL Vaccine. Since this vaccine is currently lacking, I will highlight other measures, Avoid prolonged personal contact with people suspected, or confirmed to be infected, Avoid sharing personal items with people suspected, or confirmed to be infected.

If contact has already occurred, please seek the tablets I mentioned above (Rifampicin), in addition to going to hospital for further evaluation.

If you come down with any of the symptoms above, go to the hospital IMMEDIATELY and avoid people touching you unnecessarily.

TREATMENT: Once meningitis is strongly suspected or confirmed, please DO NOT STAY AT HOME. Go to a hospital with facilities where you can get an IV line, isolation room, and the required antibiotics for treatment. Once you have all or most of the above symptoms, you have no business being at home.

Share as widely as possible in all our different languages as you may save a life.
World Physiotherapy Day 2017

To: WCPT Member Organisations, Regions, Subgroups and Networks

New materials published:
WCPT is pleased to announce that new materials for World Physical Therapy Day 2017 are now available for download from the WCPT website.

This year WCPT is encouraging member organisations to organise events, campaigns and publicity around the message “Physical activity for life”. The materials demonstrate how physical therapists can help keep people of all ages active. The message builds on World Health Organization recommendations for moderate and vigorous activity, and a range of research and reports showing the benefits of physical activity in maintaining health in people of all ages.

WCPT is making available a range of materials on this important topic to member organisations, regions, subgroups and networks for use on World Physical Therapy Day, on 8th September. As in previous years, the general theme and branding is “Movement for Health”.

The following materials are now freely available for download from the WCPT website at www.wcpt.org/wptday-toolkit:

1. A ready-to-print poster, flyer/leaflet and postcard with this year’s “Physical activity for life” message (aimed at patients and the public). These are also available in Spanish and French.

2. Two infographics – one on “How to measure physical activity” and the other on “Physical activity and improving health”. Again, these are aimed at patients and the public and are also available in French and Spanish.

3. A list of resources with links to further information for your campaign (also available as a pdf to download).

4. Ideas on how to get involved and information about this year’s message (also available as a four-page booklet to download).

5. A social media graphic to use on social media to promote the day – remember to add the hashtag #worldptday in your postings.

6. Additional graphics will be added in the months leading up to the day. Movement for Health logos and web ads.

7. Ready-to-print banners.

8. Stickers to print on standard printer labels.

9. A t-shirt design.


WCPT would like to thank Jeremy Lewis and Cathie Sherrington for their support and assistance in the production of this year’s toolkit materials. WCPT would also like to thank David Gorria, Sonia Souto, Roland Paillex and Roland Craps, for providing the Spanish and French translations. (Please note that the toolkit will also be made available in German in July.)

If you have any questions regarding the use of any of the materials available please email mlockner@wcpt.org.

We look forward to receiving the reports of your activities later in the year and in the meantime good luck with planning your events and celebrations.

With best wishes Mia Mia Lockner Communications & Office Manager

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Ebola Outbreak: Nigeria Sets Up Preparedness Working Group

As part of Nigeria’s immediate response to the Ebola Virus Disease outbreak in the Democratic Republic of Congo, the Nigeria Centre for Disease Control (NCDC), in an emergency meeting yesterday, set up the Ebola Preparedness Working Group (EPWG).

The working group, will among other things lead on the coordination of the immediate risk assessment of the situation in DRC and coordinate the strengthening of prevention and preparedness for any potential introduction of the virus into Nigeria.

Contact Us

For complaint or inquiries, contact the PRTeam of NSP.

Submit your entry for publication on the next bulletin.

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